

School of Kinesiology & Recreation  
Illinois State University

**Student Learning Outcomes**

(Updated 7/29/02)

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**ATHLETIC TRAINING SEQUENCE**

Upon completion of this sequence, the student will:

1. Acquire foundational knowledge pertaining to the study of human movement and physical activity.
2. Apply foundational knowledge of human movement and physical activity in the physical education teaching sequence.
3. Effectively engage in critical thinking and communication regarding contemporary issues related to human movement and physical activity.
4. Function as a member of the sports medicine team in conjunction with other medical and health science professionals in rendering preventive measures and acute management of athlete injuries and illnesses.
5. Demonstrate the appropriate evaluative skills of an entry-level athletic trainer in determining the nature and scope of athlete injuries and illnesses.
6. Appropriately counsel athletes regarding concerns of athletic injury, treatment, rehabilitation, nutrition, conditioning, and the care and prevention of athletic injuries and illnesses.
7. Conduct routine health appraisals and athlete assessments.
8. Perform basic administration of an athletic training program in terms of facilities planning, budgeting, personnel management, and conflict management.
9. Demonstrate appropriate immediate care procedures, referral skills, and develop a treatment plan for injured or ill athletes.
10. Develop and administer emergency action plans.
11. Develop and administer appropriate rehabilitation plans that include goal setting, objective measures, regular assessment, and thorough documentation.