

**SCHOOL OF KINESIOLOGY AND RECREATION  
EXERCISE SCIENCE AND FITNESS STUDENT OUTCOMES ASSESSMENT**

6/1/02

What are the learning objectives?	How, where and when are they assessed?	What are the expectations for satisfactory performance?	How will the results be used?
1. Students will acquire foundational knowledge pertaining to the study of human movement and physical activity	KNR 181, 182, 240, 254, 257, 280, 282 <b>Committee/Person responsible:</b> KNR 181, 182, 240, 254, 257, 280, 282 Faculty	Measured by performance on written examinations with a minimal score of 70%.	Adjustments to the course plan to emphasize the affective competencies associated with the learning objective  <b>Committee/Person responsible:</b> Applicable Foundation Course Faculty
2. Students will be able to apply foundational knowledge of human movement and physical activity in the athletic training core courses.	All program courses <b>Committee/Person responsible:</b> All program faculty	Measured by ongoing written and verbal assessment of the student's ability to apply the foundational knowledge to the advanced program content.	Relevant areas of concern are shared with the foundation course faculty to consider adjustments to instructional strategies.  <b>Committee/Person responsible:</b> Applicable Foundation Course Faculty
3. Students will effectively engage in critical thinking and communication regarding contemporary issues related to human movement and physical activity.	All program courses <b>Committee/Person responsible:</b> All program faculty	Measured by ongoing written and verbal assessment of the students ability to think critically, solve problems, and communicate effectively.	Ongoing discussion and curriculum formatting decisions among the applicable faculty to continually improve the abilities of the students in these areas.  <b>Committee/Person responsible:</b> Applicable Foundation Course and Exercise Science and Fitness Faculty
4. Students will demonstrate the knowledge, skills and abilities of an Exercise Science and Fitness Professional	<b>All ESF classes</b> will be involved in the assessment of this outcome.  The outcome will be assessed throughout the student's progress through the ESF program.  The outcome will be assessed through exams, laboratory experiences, in-class and out-of-class assignments, microteaching, practical exams, problem solving assignments, and technical execution (skill evaluation).  Entries in the student's professional development <b>portfolio</b> will additionally	The assignments will demonstrate the student's ability to achieve primarily above average to exceptional scores on all items.  The student will receive above average to exceptional feedback from their professional practice supervisors.  Awards and personal achievements earned by the student will demonstrate achievement of the outcomes.  Feedback from the advisory council will indicate achievement of the outcomes.	The results will be used to stimulate potential curricular revision.  The results will be used in marketing, public relations, recruitment, and soliciting internship sites.  <b>Comm/Person responsible:</b>  All ESF Faculty  KNR Curriculum Committee

	<p>be used to assess this outcome.</p> <p><b>Comm/Person responsible</b></p> <p>All ESF Faculty</p> <p>Their <b>professional practice</b> supervisor and site supervisor will also assess this outcome.</p>		
<p>5. Students will demonstrate the ability to assess human performance related characteristics of individuals from diverse populations.</p>	<p><b>154.40 Stress management.</b> Stress assessments and microteaching</p> <p><b>281 Aerobics Instructional Methods.</b> Exams and microteaching.</p> <p><b>283 Aquatic Fitness Instructional Methods.</b> Observation exams microteaching, and report</p> <p><b>285 Resistive Training Instructional Methods.</b> Microteaching and exams</p> <p><b>307 Exercise in Health &amp; Disease.</b> Family history and national guidelines for disease identification</p> <p><b>309 Physiological Testing.</b> Entire focus of class.</p> <p><b>342 Occupational Biomechanics.</b> Workplace evaluation project</p> <p><b>378.10 Seminar in Professional Practice.</b> Will be indicated on resume.</p> <p><b>398.11 Professional Practice Internships.</b></p> <p>The outcome will be assessed through exams, laboratory experiences, in-class and out-of-class assignments, problem</p>	<p>Projects and assignments will demonstrate students' understanding and ability of assessing human performance related characteristics from diverse populations.</p>	<p>The results will be used to stimulate potential curricular revision.</p> <p>The results will be used in marketing, public relations, recruitment, and soliciting internship sites.</p> <p><b>Comm/Person responsible:</b></p> <p>All ESF Faculty</p> <p>KNR Curriculum Committee</p>

	<p>solving assignments, microteaching, practical exams, and technical execution (skill evaluation).</p> <p>Entries in the student’s professional development portfolio will additionally be used to assess this outcome.</p> <p><b>Comm/Person responsible</b></p> <p>The assigned instructor for each class, and the others indicated above will evaluate the student’s progress.</p> <p>Their professional practice supervisor and site supervisor will also assess this outcome.</p>		
<p>6. Students will demonstrate the ability to design, implement, manage and evaluate safe and effective physical activity programs for individuals from diverse populations in a variety of settings.</p>	<p><b>154.40 Stress Management.</b> Students develop stress management program.</p> <p><b>285 Resistive Training Instructional Methods.</b> Students develop resistive exercise program.</p> <p><b>307 Exercise in Health &amp; Disease.</b> Implementation and management from national guidelines.</p> <p><b>308 Exercise Programming.</b> Entire focus of class</p> <p><b>310 Fitness Management.</b> Management aspects of fitness facilities.</p> <p><b>342 Occupational Biomechanics.</b> Reasons for workplace modifications</p> <p><b>398.11 Professional Practice Internship.</b> Entire focus of internship.</p> <p>The outcome will be assessed through exams, laboratory experiences, in-class and out-of-class assignments, problem solving assignments, microteaching,</p>	<p>Projects and assignments will demonstrate students’ understanding and ability to design, implement, manage and evaluate safe and effective physical activity programs for individuals from diverse populations in a variety of settings.</p>	<p>The results will be used to stimulate potential curricular revision.</p> <p>The results will be used in marketing, public relations, recruitment, and soliciting internship sites.</p> <p><b>Comm/Person responsible:</b></p> <p>All ESF Faculty</p> <p>KNR Curriculum Committee</p>

	<p>practical exams, and technical execution (skill evaluation).</p> <p>Entries in the student’s professional development portfolio will additionally be used to assess this outcome.</p> <p><b>Comm/Person responsible:</b></p> <p>Assigned instructors will evaluate student’s progress.</p> <p>Their professional practice supervisor and site supervisor will also assess this outcome.</p>		
<p>7. Student will be a proponent [and example] of leading a physically active lifestyle.</p>	<p><b>208 Dynamics of US Contemporary Health Issues.</b> Activity log and lifestyle inventory</p> <p><b>281 Aerobic Instructional Methods.</b> Observation, discussion, and participation prepares students to recommend (to clients) or lead this mode of exercise.</p> <p><b>283 Aquatic Fitness Instructional Methods.</b> Observation, discussion, and participation prepares students to recommend (to clients) or lead this mode of exercise.</p> <p><b>285 Resistive Training Instructional Methods</b></p> <p><b>307 Exercise in Health &amp; Disease.</b> Blood prof., dietary analysis, lifestyle inventory</p> <p><b>308 Exercise Programming.</b> Activity log.</p> <p><b>342 Occupational Biomechanics</b></p> <p><b>398.11 Professional Practice Internship</b></p>	<p>Projects and assignments will demonstrate students’ understanding and ability of assessing human performance related characteristics from diverse populations.</p> <p>Professional organization involvement</p>	<p>The results will be used to stimulate potential curricular revision.</p> <p>The results will be used in marketing, public relations, recruitment, and soliciting internship sites.</p> <p><b>Comm/Person responsible:</b></p> <p>All ESF Faculty</p> <p>KNR Curriculum Committee</p>

	<p>Entries in the student's professional development portfolio will additionally be used to assess this outcome.</p> <p><b>Comm/Person responsible:</b></p> <p>Assigned instructors will evaluate student's progress.</p> <p>Their professional practice supervisor and site supervisor will also assess this outcome.</p>		
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